

Ellen Farrell,
MA, NCC, LPC, EEM-AP
Cell, 917-628-4218
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About Ellen...

- ✚ Specialty in *Trauma/Holistic Treatment planning*
- ✚ Great rapport with diverse groups, individuals/families
- ✚ Long history with health & wellness skill building
- ✚ Hard worker, thoughtful, with a positive attitude!

EDUCATION/CERTIFICATION:

MA, Professional Counseling, Georgia School of Professional Psychology/Argosy University*, Savannah, GA
Total GPA: 3.98, Total Earned Hours: 48 - Fall 2001, Survey of Gerontology, AASU, GPA 4.0
BFA, Rutgers University, Mason Gross School of the Arts, New Brunswick, NJ

GA State Licensed Professional Counselors #**LPC004218** Active through 09/30/16

National Board for Certified Counselors #**NCC88579** Active through 11/30/18

Eden Energy Medicine Certification Program **EEM-AP** 2007 - 2011

4th year certified Advanced Practitioner (AP) Completed 2 year CP; Clinical.

EMDR (Eye Movement Desensitization Reprocessing, Parts 1 & 2) January & June 2005

Facilitators: Dr.'s Silver, Part 1; Zangwill, Part 2

Creativity Coaching, Tx Intervention for Artists (GCCA CEU's) July 7-13, 2003

Training with Eric Maisel, Ph.D., LMFT

Equine Assisted Psychotherapy Training, (EAGALA, Certified, Level 1) June 2003

*School Guidance and Counseling Praxis Test passed, 6/23/01 *National Counselors Exam for GA licensure passed, 10/19/02

CLINICAL EXPERIENCE:

Private Practice, Ellen Farrell, MA, NCC, LPC *Abercorn St., '08-'10; *home office, Savannah* * to present, NYC

Individual integrative sessions/group workshops focus on holistic wellness assessment/skill building, clearing-balancing energy, healing trauma, stress/mood management; creating healthy relationships/boundaries, yoga/guided imagery, Reiki/Energy Systems maintenance. Workshops: Intro to EEM/Study Groups; Inner Journey workshops, 5/16, 6/28/09; Meditation & Energy Flow groups. *Part-time Practice, office located at 6205 Abercorn & 25 E. 40th St. June 2006-2008

Georgia Regional Hospital (GRHS), Treatment Mall Clinician August 2012 - Dec. 2013

5th Biennial Cultural Competency Conference (GA State University, Atlanta) April 12th 2012

selected to present a Poster session, Topic: *Awakening to the Energies that Unite Us, A New Culture of Oneness*

S & T Assessments, Freelance contractor, provided Diagnostic Assessments 2010-February 2011

Gateway Behavioral Health Services, Social Svc's Provider II, Licensed August - Dec. 2009

Intensive Family Intervention/Intensive Community and Family Services Team leader

Georgia State Prison Oct. 2006 - June 2007

MHM Contract Employee, (MH/MR) Senior Mental Health Counselor

Workshop Facilitator, Georgia Association of School Nurses (GASN) July 10, 12-13 2006

Leadership and 15th Annual 2006 Conference Wellness, Stress and Lifestyle Management

Coordinated by GASN in partnership with Children's Healthcare of Atlanta

Savannah College of Art and Design, Wellness Specialist July 2005 - June 2006

Eddie Concepcion, Director

Coordinated and facilitated services, sessions and classes, including Wellness Fair programming and activities, wellness workshops, groups, and individual sessions for: the development of holistic lifestyle/stress management/sexual assault awareness prevention and healthy boundaries. Includes assessment, education, processing and practical skill building (healthy eating, Meditation, Reiki, Yoga, healthy boundaries/relationships, personal/spiritual growth). Work with student groups, Students for a Better Environment, Resident Assistants, film/discussions: Diet for a New America, and What the Bleep do we Know?" plus Humane Society trainings; Healthy Eats Days; "Relax" weekly stress management groups for Graduate students and Undergrad's. Since 7/05, direct contact with over 2000 people.

Savannah College of Art and Design (SCAD), Counselor Oct. 2001 - June 2005

Tamara Knapp Grosz, Ph.D., Director, *Center for Student Counseling and Disability Services, (previously, "Health and Wellness")*

Coordinator of Risk, Sexual Assault Awareness/Prevention, Wellness Program development, Creativity Coaching certification/helping students find meaning and fulfillment, Individual and group counseling, workshop facilitator, triage /on-call, disability - intakes, accommodations, immune system issues, dyslexia, ADD. *Initiated* Meditation group (ongoing Jan.2002-06) and Yoga group (initiated 9/04). Support and educational group topics have included: Sexual Assault Awareness/Safety/Prevention, Self Esteem, Social Anxiety, GLBT, Healthy Boundaries, Women's issues, Wellness, Meditation, Reiki, Yoga, Smoking Cessation, Job interview prep/role play.

Workshop facilitator topics included: Meditation, *Relax/Connect* (SCAD Wellness Workshop facilitator, 3/02), *Complementary Psychopharmacology* (SCAD Wellness Workshop, 10/02), Painless Paperwork (GCCA Annual Conference co-facilitator, 2/03), 10 Tips for working with Artistic Students (GCCA Annual Conference co-facilitator, 2/04), Healing the Whole Person (GCCA Annual Conference, 2/05). *contributed to increasing participants over 200% from 2000 to 2005.

SCAD, Graduate Intern Counselor (9-month practicum)

Sept. 2000 - May 2001

Tamara Knapp Grosz, Ph.D., Director Health and Wellness*

Individual, group and Couples Counseling; Triage. Support and educational group topics have included: Self-Empowerment, Women's; SCAD Healthy Options Series facilitator: Bach Flower Essences, complementary care and treatment, Vegetarian, Healthy Cooking. Workshop facilitator: Mind/Body/Spirit: *Practical Tools for Balance and Clarity* (SCAD Wellness Workshop 4/21/01). *July '98, moved from PA to Savannah-began Graduate School, September 1999

OTHER WORK EXPERIENCE:**South University**

Winter 2001

Professor, General Psychology (was asked to continue, but was then offered and accepted FT work at SCAD)

Unitarian Universalist Church of Savannah

2001 - 2002

Director of Children/Youth Religious Education (RE) part-time position

Hired/trained/manage RE staff, volunteers, developed new programs with Minister and Music Director, directed Sunday worship service with children/youth and congregation.

Unitarian Universalist Church of Wyoming Valley, PA

1996 - 1998

Sepulveda UU Society, CA ('91-93)

Lay Minister, volunteer RE teacher; wrote and directed 15 children/youth in Spring Service.

Clinical Trials for Autistic Children, funded by Rutgers University (Clinical Research)

Scranton Counseling Center, Therapeutic Staff Support

Jan. 1998 - May 1998

Attended extensive training for children with ADD; worked 2-3x p/wk., 3-hr sessions, and video taping of progress by Rutgers therapist (3-yr. old boy who had an Autism Dx).

Whole Foods Market (WFM) + Taos NM Coop volunteer, and Northern PA Health Food store, 1995-1997

Nutrition Team Leader (TL=Manager)

Jan. 1994 - 1995

River Forest, IL opened new store (*transfer from CA, to Lincoln Park/Chicago store, as herb dept. buyer, then promoted to Assistant TL*). Managed 5 departments: Vitamin supplements; Herbs (bulk, bottles and tincture supplements), over 200 bulk medicinal, Native, Chinese/Ayurvedic, Traditional/Medicinal, Aromatherapy, cooking herbs/spices; Flower Essences Homeopathic remedies. Natural Body Care; Housewares; Books/Cards/Mag's/Jewelry. *These were big, beautiful, successful and profitable departments! Training - Bastyr Nutrition; monthly/weekly trainings with leading biochemists, herbologists, homeopaths, Ayurvedic Medicine/theory, Chinese Medicine, etc.*

Mrs. Gooches Market, Southern CA

1992 -1993

Buyer/Clerk (transferred to WFM after they purchased Gooches)

***Follow Your Heart, CA**; Night Manager

1989 - 1990

***East End Food Co-op, Pittsburgh, PA**; Manager/Buyer/Chef for 2000 member co-op

1987 - 1989

Synthaxis Theater Co., Estelle Busch, Director

1990 - 1991

Core member for grant funded grade school (K-3) programming. These improvisational performances demonstrated healthy behaviors such as: risk-taking, cooperation/team building, and sharing in schools in Los Angeles, CA and surrounding Southern CA locations.

Special Skills: Licensed Counselor, Life Coach, Holistic Psychotherapy (NESTA certified Yoga instructor, Meditation, Intuitive, Reiki Master, Advanced Energy Medicine, Past Life Regression Therapy/Dr. Brian Weiss, Donna Eden, disability issues/learning differences; manager 10+ years Nutrition/health Industry experience.

Member: LPCA-GA (2001-2010); Clinical Social Workers Association (CSWA, Active since 2002-06); GA College Counselors Association (GCCA, Active 2001-2006); NRDC, Sierra Club, Greenpeace, PETA, WWF/varies 1983-88 Ellen performed in Off-Broadway theatre; in V/O radio commercials, & Pittsburgh Playback Theater (87-89).

Other PROFESSIONAL ORGANIZATIONS/ACTIVITIES:

IGEEM conference, 2012 movement teacher; IGEEM 2013 main presenter - Creating Sacred Space-tips for being an impeccable practitioner; Teacher Assistant and Divine Yoga instructor for **Eden Energy Medicine**, 5-Day Training in HH, SC, 3/09, and EEM for Women; CSWA-GA; **NICABM** (Work Scholar for their Annual Conference, HH, SC, December 2006-2011); Volunteer, **First Steps** (*Prevent Child Abuse America*, GA chapter @ **St. Jo's** - Candler Hospital; **Hospice Savannah**, Kids on the Block Puppeteer, '98-'01, Chatham County Schools, Ebenezer **Grief Camp** ('99, 2000); *Technologies for Creating Certified* Instructor, (and additional trainings, Robert Fritz, NYC, '86/7, facilitator thru' 89).